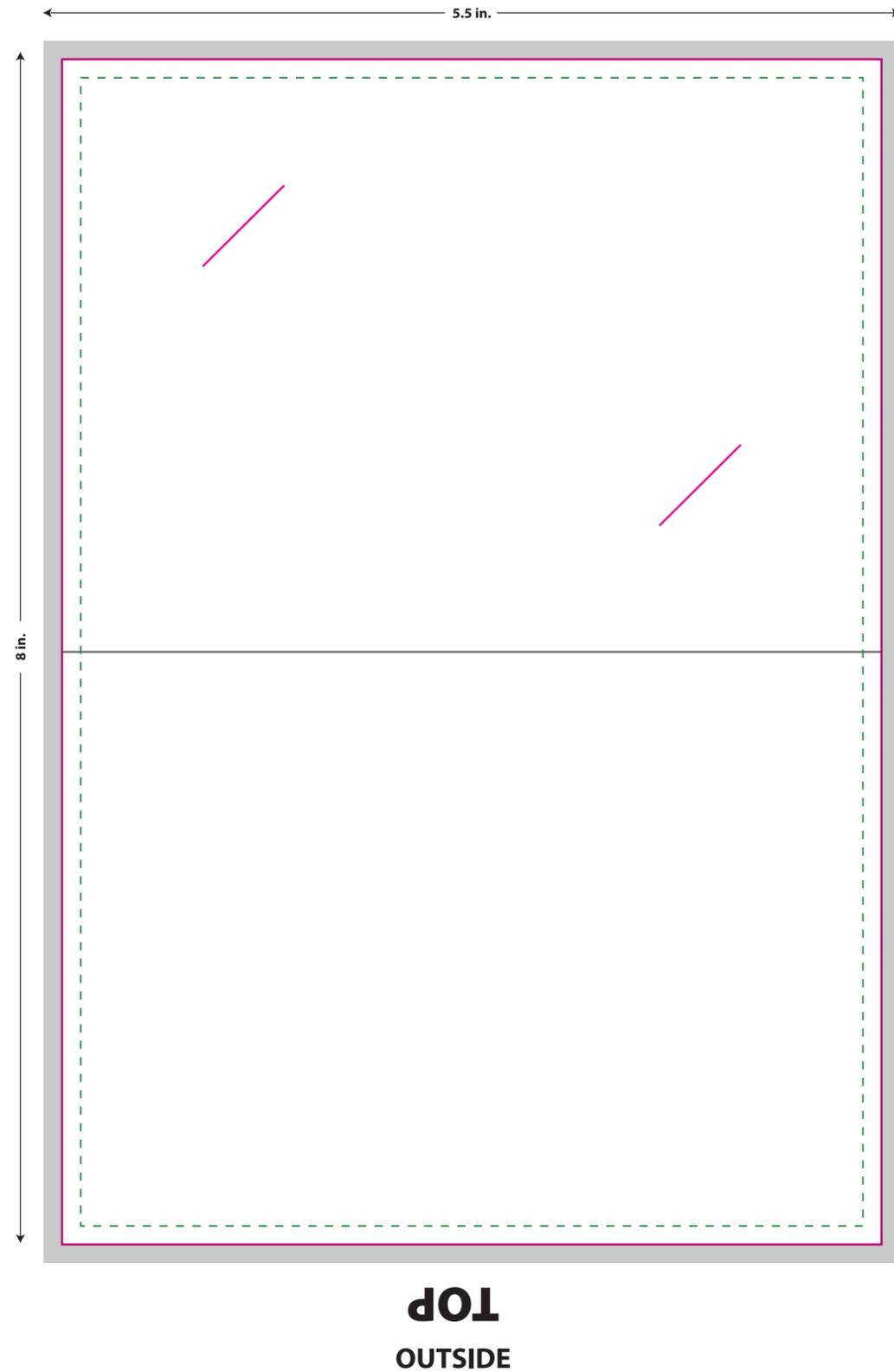


- Keep all text within safety margins.
- Shaded area defines the "bleed".
- Fill the entire shaded area with your background color or image.
- Area outside of cut line does not print.

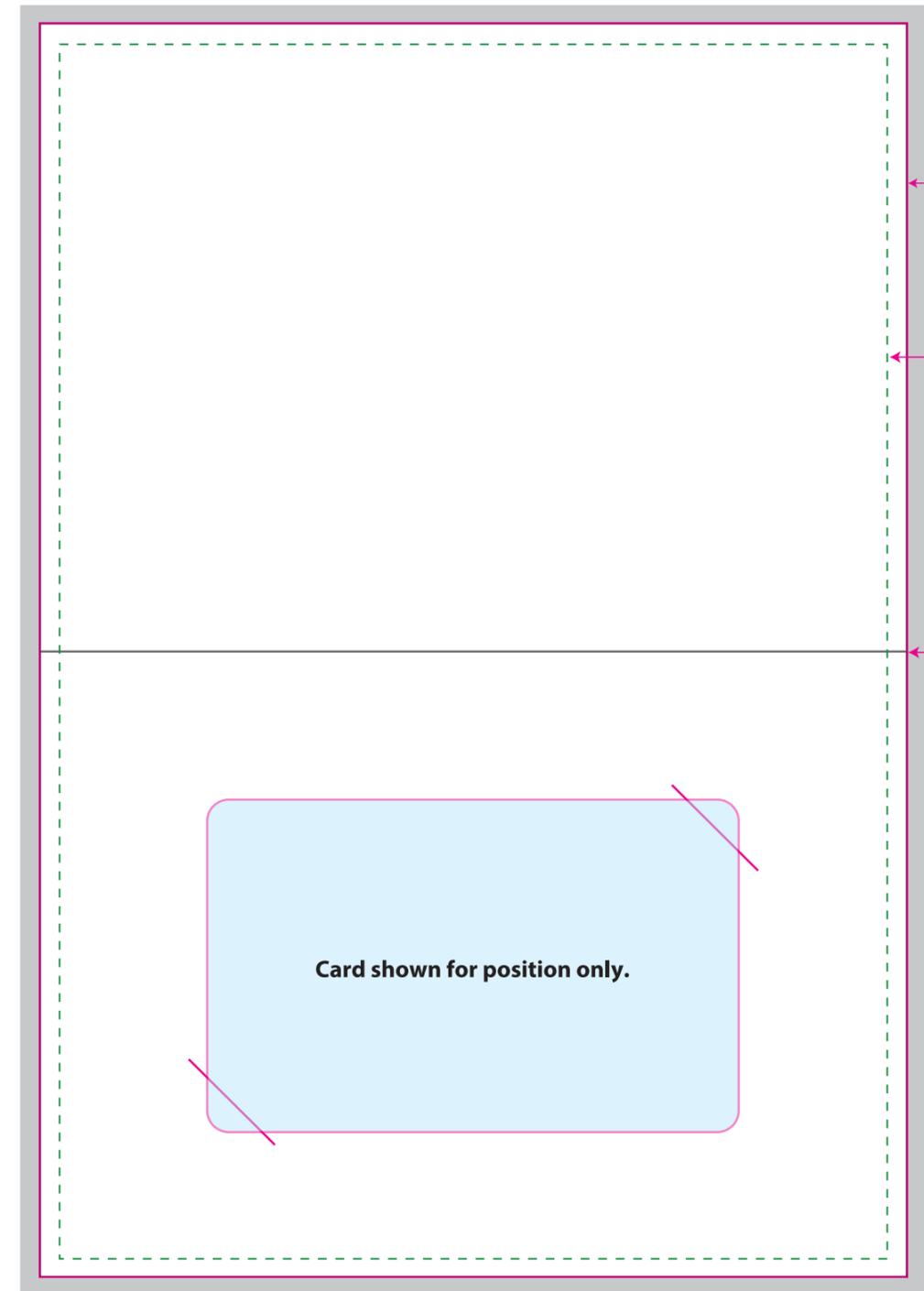
We'll be happy to answer your questions.  
Chat with us at [www.MINDBODYcards.com](http://www.MINDBODYcards.com).



NOTE:  
**ABC**  
Type orientation for  
OUTSIDE BACK PANEL  
when folded:

NOTE:  
Type orientation for  
OUTSIDE FRONT PANEL  
when folded:  
**ABC**

**INSIDE  
TOP**



**IMPORTANT!**  
If your color or image touches this edge, then you must extend it to the blue line. This applies to all four edges, on both the outside and the inside. (BLEED 1/8")

**IMPORTANT!**  
This is a safety area. Please do not let type or anything important go beyond the dotted lines - it runs the risk of being cut off in the diecutting process.

**SCORE**

NOTE:  
Type orientation for  
INSIDE TOP & BOTTOM  
when folded:  
**ABC**